

»»» **HARDIN COUNTY EXTENSION FCS NEWSLETTER** «««

THE HAPPY, HEALTHY

Hardin County Extension *Homemaker*



*The Second Annual
Golden Years Conference
is planned!*

**SAVE THE DATE FOR
SEPTEMBER 27, 2023!**

Flyer on page 5!

SUMMER 2023

**PLEASE TAKE THIS QUICK
SURVEY TO HELP
EXTENSION!!!**

Just type in:

go.uky.edu/serveKY

or drop by the office for a paper copy.



»»» **AREA HOMEMAKERS**

Area Kickoff - EVERYONE Invited!! - August 30th - Here
Area Annual Meeting is October 12 - Meade County
Area Cultural Arts will be October 11 for county winners
Area Council Meeting February 6 - we are the hosts!

COUNTY DATES TO REMEMBER «««

Bazaar Information being mailed this month! If you know potential vendors, make sure we have their address!

Yearbook Pick Up - Yearbooks will be available for pick up 8/14

August 30 - Area Kickoff - EVERYONE Invited - Our Office

September 22 - Deadline to RSVP for 10/12 Area Annual Meeting

September 22 - 23 - Stitchers Quilt Show

October 10 - County Cultural Arts Contest

November 11 - Holiday Bazaar

QUILTING AND OTHER CLASSES COMING UP

Find More Info on Pages 2-3

Dayna Fentress
Hardin County FCS Agent

BEGINNING QUILTING CLASS

DEADLINE TO RSVP AUGUST 16

TWO CLASS OPTIONS!

>>> TUESDAY AUGUST 22 OR SATURDAY AUGUST 26

9:00 am - 5:00 pm

Cost: \$20.00

Instructor: Patty Pruitt

We will discuss basics of quilting, thread, needles, rulers, cutting, piecing, pressing, adding borders, etc...

Supply list will be given at time of registration

Class will be held at our office

SHARE THE
CLASSES ON THIS
AND THE NEXT
PAGE WITH
YOUR FRIENDS!

QUILT AS YOU GO: BARGELLO

DEADLINE TO RSVP AUGUST 31

>>> SEPTEMBER 9

9:30 am - 3:30 pm

Cost: \$15.00

Instructor: Patty Pruitt

This Bargello Wall hanging is a wonderful backdrop to display whatever makes you happy, or have alone with no embellishments. This will walk you through making a small bargello that you can quilt as you go, as well as looking at binding/facing.

Supply list will be given at registration.

Class will be held at our office

COMING UP IN OCTOBER:

October 12

Bulls Eye Quilt Class

9:30 am - 3:30 pm

Cost: \$15.00



IDENTITY THEFT + SCAMS

AUGUST 30 DURING THE HOMEMAKER KICK OFF



10:00 am - 12:30 pm - the particular lesson will last about 20 minutes
Details on the next page!

QUICK PICKLES

AUGUST 18

12:30 - 2:30 pm



Cost: Free

Registration required by August 15

BEGINNING SEWING: TABLE RUNNER

SEPTEMBER 15

12:00 - 3:00 pm

Cost: Free



Registration required by September 1

We will talk basics of sewing machines, and practice stitches by making a simple table runner! Supply list will be given at registration.

BEGINNING SEWING: QUILTED BAG

OCTOBER 24

12:00 - 3:00 pm

Cost: Free



Registration required by September 1

We will build on the first class and practice stitches and basic quilting principles to create a quilted cosmetic bag. Supply list will be at registration.

**REMAINING 2024
BEGINNING SEWING
CLASSES:
NOVEMBER 13
DECEMBER 7**





Martin-Gatton
College of Agriculture,
Food and Environment



You're All Invited to the

LINCOLN TRAIL AREA HOMEMAKER

Kick Off

AUGUST 30

10:00 AM - 12:30 PM

Hardin County Extension Office

FREE TO ATTEND, REFRESHMENTS PROVIDED

PLEASE RSVP TO YOUR COUNTY OFFICE BY AUGUST 23

**JOIN US AS WE WALK THROUGH
EACH EDUCATIONAL AREA AND HAVE
FUN WHILE WE GIVE IDEAS ON WHAT
YOUR CLUB OR COUNTY CAN DO TO
MAKE THIS THE BEST YEAR YET!**

The future depends on what we do in the present.

JOIN US FOR OUR
SECOND ANNUAL
AWARD WINNING
CONFERENCE!

 **Martin-Gatton**
College of Agriculture,
Food and Environment
University of Kentucky.

Golden Years

WELLNESS + AWARENESS CONFERENCE

September 27, 2023

10:00 a.m. - 2:00 p.m.

Registration begins at 9:30

HARDIN COUNTY EXTENSION OFFICE

111 OPPORTUNITY WAY

ELIZABETHTOWN, KY 42701

FREE LUNCH PROVIDED
AMAZING DOOR PRIZES
FREE FLU SHOTS

WELLNESS ON WHEELS BUS

Expert presenters will be speaking about:

Keeping Your Mind Sharp

Signs of Dementia

Wills + Estate Planning

Elder Abuse

Protecting Your Information + Finances

Plus information on:

Hardin County Extension Homemakers

Extension Food and Nutrition Program

Emergency Health Information Cards

Baptist Health Hardin

and more!

FREE EVENT!

RSVP

REGISTRATION OPENS

AUGUST 28 - SEPTEMBER 15

CALL THE

EXTENSION OFFICE AT

270-765-4121

LIMITED SEATING

AVAILABLE



Sponsored by the Hardin County Extension Homemakers

Lincoln Trail Area Annual Meeting

BUZZING ALONG

WITH LINCOLN TRAIL AREA
EXTENSION HOMEMAKERS

Thursday, October 12, 2023

Meade County Extension Office
1041 Old Ekron Road
Brandenburg KY 40108

\$15 per person

Registration and refreshments - 9:30 a.m. EST
Welcome - 10:00 a.m. EST

GUEST SPEAKER:

Steve Flairty

Shining Light on Kentucky's
Everyday Women Heroes

Area Cultural Arts Check In:

Wednesday, October 11, 2023
10:00 a.m. - 1:00 p.m. EST



REGISTRATION FORM

NAME: _____ COUNTY: _____

PHONE #: _____ EMAIL: _____

ADDRESS: _____

LUNCH: Includes your choice of sandwich, pasta salad, chips, cookie, and drink.

Please choose one: Grilled Chicken Wrap Ham & Cheese Wrap

**Return this form along with the \$15 registration fee
to the Hardin County Extension Office by September 22nd.
Make checks payable to Hardin County Extension Homemakers.**

