

## September Ag Program Updates

Here's several programs we have coming up here at the Hardin County Extension Office. We will have more programs to share in the next few weeks!

**National Myotonic Goat Show** – October 4-6<sup>th</sup> at the Livestock Education Center. We have several other goat and sheep shows scheduled for 2025. If you'd like to inquire about using the facilities for a show or for the handling facilities, please contact us!

**Farm City Day** – November 12<sup>th</sup> at 8:30 at the Hardin County Extension Office. We will have an agenda available by mid-October.

**Hardin County Cattlemen** will have their annual meeting on Monday November 18<sup>th</sup> at 6:30 pm If you are not currently a member this would be a great time to join!

**CAIP program** – This year's CAIP program will be distributed and administered through the Hardin County Conservation District. The dates have not been set yet, but we will share it as soon as it is announced.

## Heart of America Grazing Conference 2024 - Regenerative Grazing. Merging Science and Practice!

Join us at the 2024 Heart of America Grazing Conference in Elizabethtown, Kentucky. The three-day event, Oct. 15-17, will take place throughout Central Kentucky and include some dynamic speakers on all things regenerative agriculture.

Come to any one or all of these three events:

- **Tuesday, October 15**, join us for a pasture ecology workshop at a local regenerative agricultural operation, Glenmar Farms, in Cecilia, Kentucky.
- **Wednesday, October 16**, is the Heart of America Grazing Conference at the Hardin County Extension Office in Elizabethtown. You will hear from many industry experts and speakers to discuss all things regenerative agriculture, soil health and pasture ecology.
- **Thursday, October 17**, visit Greg Brann's Big Springs Farm in Adolphus, Kentucky. Join us to see a well-established multi-species grazing operations with one of the nation's foremost experts on soil health

Register here: <https://www.eventbrite.com/e/2024-heart-of-america-grazing-conference-tickets-920965361187>

111 Opportunity Way | Elizabethtown, KY 42701 | P: 270-765-4121 | [hardin.ca.uky.edu](http://hardin.ca.uky.edu)



## Avoid Costly Fines: What You Need to Know About New Beneficial Ownership Reporting

By: Laura Powers and Suzy Martin – Kentucky Farm Business Management Extension Specialists

In 2021, Congress passed the Corporate Transparency Act, requiring certain entities to report information on their owners and those who have a certain level of control over the entity, referred to as Beneficial Ownership Information (BOI). This law became effective January 1, 2024. For businesses created or registered BEFORE January 1, 2024, the deadline for initial reporting is December 31, 2024. For businesses created or registered AFTER January 1, 2024, the deadline for reporting is 90 days after registration.

One of the basic criteria for determining if the entity is required to report their BOI is if they are required to register with the Secretary of State. Entities registered with the Secretary of State are required to report their BOI. For example, LLCs, both multi-member and single-member, are required to report. Corporations, both S-and C- are required to report. General Partnerships are not required to report their BOI, as they do not register with the Secretary of State. A beneficial owner is an individual who owns at least 25% of the business or exercises substantial control over the business.

An individual has “substantial control” over an entity if they are any of the following: a senior officer, has authority to appoint or remove certain officers or a majority of directors of the entity, is an important decision-maker, or any other form of substantial control.

To complete the reporting, you will need the company information as well as all information, including the driver’s license (of which a photocopy will have to be submitted), for all beneficial owners. After the initial registration, if there are changes to the information you provided, such as a name change, new address, or updated driver’s license, you have 30 days to report the changes.

Current penalties for non-compliance include a \$591 per day fine and/or potential jail time.

It is not required to have a third party complete the reporting. However, you may choose to consult with your tax preparer or attorney to help address your entity’s specific reporting requirements.

For more information, please visit [www.fincen.gov](http://www.fincen.gov)

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# Farm Business Basics

**UK** Cooperative  
Extension Service

This series will cover business basics for all types of farms and farmers. Come to one or all. Meetings will start at 6:00 pm at the Hardin County Extension Office.

## THURSDAY, NOVEMBER 14TH

### Local Resources

Hear from the Cooperative Extension Service, Farm Service Agency, Conservation District, and the Natural Resources Conservation Service about the resources and services they have.

## TUESDAY, DECEMBER 3RD

### Farm Finances

Hear from Jonathan Shepherd, UK Farm Management Specialist about general farm management, taxes, business structures, and farm finance.

## TUESDAY, DECEMBER 12TH

### Farm Management

Hear from Jordan Shockley, UK Department of Agriculture Economics about Farm Management Strategies for Improved Decision-Making

**Call or text 270-765-4121 to register.**



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Disabilities  
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## Broccoli and Beef Stir-Fry

<b>1 pound</b> lean beef steak, sliced diagonally across the grain into thin strips	<b>4 tablespoons</b> canola oil, divided	squash, cut into ¼ inch slices
<b>1 tablespoon</b> plus ½ cup stir-fry sauce	<b>1</b> medium red onion, cut into ½ inch dice	<b>2 cups</b> fresh broccoli florets
<b>1 clove</b> minced garlic	<b>1</b> sweet red pepper, cut into ½ inch dice	<b>1 cup</b> cauliflower florets
	<b>1</b> medium yellow	<b>½ teaspoon</b> crushed red pepper flakes

- Combine** 1 tablespoon stir-fry sauce and minced garlic in a bowl. **Add** the beef strips. Let stand 15 minutes.
- Heat** 1 tablespoon canola oil in a large skillet or wok.
- Add** beef and stir fry for one minute. **Remove** beef from skillet.
- Heat** the remaining 3 tablespoons canola oil in the skillet or wok. **Add** vegetables. **Stir-fry** for four minutes or until vegetables are crisp-tender.
- Return** beef to skillet.
- Add** the remaining ½ cup stir-fry sauce and red pepper flakes. **Cook** and stir 1 to 2 minutes longer, until heated through.

**Yield:** 8, 1 cup servings  
**Nutrition Analysis:** 180 calories; 10 g fat; 1.5 g saturated fat; 0 g trans fat; 25 mg cholesterol; 630 mg sodium; 9 g carbohydrate; 2 g fiber; 3 g sugar; 15 g protein.  
90% recommended allowance for vitamin C.

Buying Kentucky Proud is easy. Look for the label at your grocery store, farmers' market, or roadside stand.



## Kentucky Broccoli

**SEASON:** May through early July; October through mid-November

**NUTRITION FACTS:** Broccoli is a good source of vitamin A, vitamin C, and phytochemicals, all of which have health benefits.

**SELECTION:** Choose tender, young, dark green stalks with tightly closed buds. One-and-a-half pounds of broccoli will yield 4, ½ cup servings.

**STORAGE:** Store broccoli, unwashed, no longer than 3 to 5 days in a perforated plastic bag in the refrigerator. Wash broccoli just before using.

**PREPARATION:** Wash broccoli under cold running water. Trim the leaves and peel the stalk.

**To steam:** Place on a rack above boiling water and steam 6 to 8 minutes. Rinse with cold water

**Source:** www.fruitsandveggiesmatter.gov

and drain.

**To boil:** Place in a saucepan with 1 inch boiling water and ½ teaspoon salt. Cover and cook 5-7 minutes.

**To microwave:** Place broccoli in a microwave-safe dish. Add 1 inch water and cover with a glass lid or plastic wrap. Microwave 3 to 4 minutes or until crisp-tender.

### BROCCOLI

**Kentucky Proud Project**  
County Extension Agents for Family and Consumer Sciences  
University of Kentucky, Nutrition and Food Science students

**March 2011**

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