

# Hardin County 4-H

 **Martin-Gatton**  
College of Agriculture,  
Food and Environment  
University of Kentucky.



## NEWSLETTER



# MARCH 2024

**Cooperative Extension Service**  
Hardin County  
111 Opportunity Way  
Elizabethtown, KY 42701  
(270) 765-4121  
Fax: (270) 769-0426  
hardin.ca.uky.edu

# ELEVATING LEADERS

## YOUR DONATION YOUR COMMUNITY ELEVATES KY LEADERS

GIVE \$10 WITH EACH AG TAG AND  
GROW KENTUCKY YOUTH  
HALF OF THE FUNDS FOR 4-H AND FFA COME  
BACK TO YOUR LOCAL CLUBS AND  
CHAPTERS IN YOUR COUNTY.  
SUPPORT STATEWIDE PROGRAMS  
IMPACTING 274,000 STUDENTS ENROLLED  
IN 4-H, FFA AND KY PROUD MEMBERS.



Sincerely,

*Sue Ann McCandless Jocelyn Kemp*

Sue Ann McCandless & Jocelyn Kemp  
Hardin County Extension Agents  
For 4-H Youth Development Education  
[sue.ann.mccandless@uky.edu](mailto:sue.ann.mccandless@uky.edu)  
[jocelyn.kemp@uky.edu](mailto:jocelyn.kemp@uky.edu)



BY MAKING  
A \$10 DONATION  
WITH YOUR AG TAG,  
YOU ARE CHOOSING TO  
INVEST DIRECTLY INTO THE  
FUTURE OF KENTUCKY  
AGRICULTURE. DONATIONS ARE  
DIVIDED EQUALLY BETWEEN FFA,  
4-H AND KENTUCKY PROUD WITH HALF  
GOING DIRECTLY BACK TO YOUR COUNTY.  
THANK YOU FOR YOUR SUPPORT.



### Cooperative Extension Service

Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

### MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

Lexington, KY 40506



Disabilities  
accommodated  
with prior notification.

# SPEECH & DEMONSTRATION



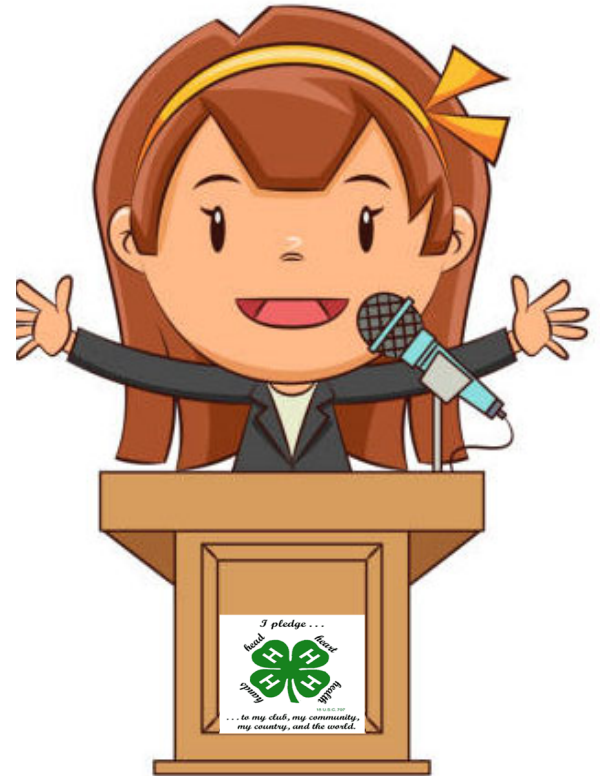
Now is the time to begin working on speeches and/or demonstrations for the 2024 Hardin County Speech & Demonstration Contest.

You must pre-register by April 1st by calling the Extension Office at 270-765-4121 with name, title of speech/demo, and date of birth. No late registrations will be accepted. To receive a copy of the complete rules, stop by the Extension Office at 111 Opportunity Way in Elizabethtown.

**Monday,  
April 15th  
5:00 p.m.**



**CALL TODAY TO RESERVE YOUR  
SPEECH/DEMONSTRATION  
TIME!!!  
(270) 765-4121**



## ATTENTION 4-H COUNTRY HAM PARTICIPANTS

**REGISTER TODAY!**

I hope you have already been working on your speech for the upcoming contest, if not, now is the time! All country ham participants are required to participate in the speech contest.

### THE TOPICS FOR 2024 ARE:

**JUNIORS** (birth year 2010-2014) - *"How to cook and store a Country Ham"*

**SENIORS** (birth year 2005 - 2009) - *"How to market and sell Country Hams."*

This is an opportunity for 4-Hers to describe personal experiences and what they have learned from the project. Granted, the topics may be broad, this will allow for speeches to be more personal.

The time requirement for speeches is 3 to 5 minutes. You need to time your speech to make sure it meets the guidelines. Once you reach the state level contest, if minimum time requirements are not met, you will be disqualified.

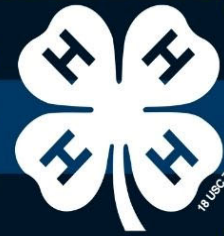


**COME ONE...  
COME ALL!!!**

**UK** Martin-Gatton  
College of Agriculture,  
Food and Environment  
University of Kentucky.

2024

# 4-H Summer Camp



## CIRCUS

### July 1 - 5, 2024

- Open to Hardin County youth ages 9-14, teens 15-17 may apply to be counselors and adult chaperones are also needed
- To register, return Camp form & \$50 deposit to Hardin Co. Extension Office.
- Final camp fees due to Ext. Office by May 31, 2024
- For more info: Call 270-765-4121, or Email [hardin.ext@uky.edu](mailto:hardin.ext@uky.edu)
- Camp with Allen, Simpson, Warren & Hardin Co.
- Pre-registration forms available now.



**5 Day  
4 Night  
Camp at  
West KY  
4-H Camp**

## 4-H Summer Camp Fees

Camper (ages 9-14): \$200

Payment plan available (monthly payments \$50, to utilize plan must register with deposit by Feb. 29th)  
Scholarships available for those with financial need.

15-17 year olds: \$100

Approved adults may take one camper for free.

No refunds issued after May 31, 2024.



### Cooperative Extension Service

Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

### MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating. Lexington, KY 40506



Disabilities  
accommodated  
with prior notification.

# 2024 | 4-H Summer Camp



**1**

Step 1: Obtain a pre-registration form from the Extension Office or online at: <https://hardin.ca.uky.edu/4h-youth-development>

**2**

Step 2: Complete your pre-registration form and return to the Hardin County Extension Office with a \$50 deposit to reserve your spot. Spots are limited and are filled on a first come, first served basis.

**3**

Step 3: If using the monthly payment plan make payments of \$50 by the end of each month, or pay the amount in full at any time. Final payment is due by May 31, 2024. No refunds given after this date.

**4**

Step 4: Complete registration packet (these will be sent out after completion of pre-registration). All completed forms are due by May 31, 2024.

**5**

Step 5: Attend the mandatory camper orientation, dates TBA.

Teen Leader Applications and Scholarship Applications are available from the Extension Office, deadline to submit is April 5, 2024.

## Questions?

Contact 4-H Agents Sue Ann McCandless or Jocelyn Kemp at 270-765-4121.



HARDIN COUNTY 2024  
**4-H CAMP PRE-REGISTRATION FORM**  
JULY 1-5, 2024  
West Kentucky 4-H Camp - Dawson Springs, KY

<b>OFFICE USE ONLY:</b> Date Submitted: _____ Deposit Paid: _____ Cash/Check #: _____ Payment Plan (see back) <input type="checkbox"/>
--

NAME: \_\_\_\_\_  
(FIRST) (LAST) ( I PREFER TO BE CALLED )

ADDRESS: \_\_\_\_\_  
(MAILING ADDRESS) (CITY) ( ZIP CODE )

BIRTHDATE: \_\_\_\_\_ (XX/XX/XXXX) AGE: \_\_\_\_\_ (On July 1, 2024)

GENDER:  Male  Female

SCHOOL: \_\_\_\_\_ GRADE: \_\_\_\_\_ (Entering in Fall 2024)

Have you attended 4-H Camp before:  Yes  No How many years? \_\_\_\_\_

PARENT/GUARDIAN: \_\_\_\_\_  
( PRINT FIRST & LAST NAME (S) )

PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

SHIRT SIZE: (circle one): Y-Small Y-Medium Y-Large Y-XL  
A-Small A-Medium A-Large A-XL A-2X

PARENT SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

**CAMP FEE:**

9-14 year olds (14 year olds that will be finishing 8<sup>th</sup> grade in May 2024) – \$200

14 year olds that are completing 9<sup>th</sup> grade – will attend as CITs - \$200

15 year olds – will attend as Jr. Teen Counselors - \$100

16-17 year olds – will attend as Teen Counselors - \$100

18+ year olds – (18 year olds specifically) they must be graduating in May 2024 to attend as adult counselor – No Charge

**THIS IS A PRE-REGISTRATION FORM USED FOR EARLY REGISTRATION**

**\$100 DEPOSIT**

**(unless using payment plan - SEE BACK)**

A PACKET OF ADDITIONAL 4-H CAMP FORMS and FULL INFORMATION  
WILL BE MAILED TO YOU ONCE AVAILABLE.

I WOULD LIKE TO ROOM WITH: \_\_\_\_\_

<p><b><u>RETURN FORM AND DEPOSIT TO:</u></b> HARDIN COUNTY EXTENSION OFFICE 111 OPPORTUNITY WAY - ELIZABETHTOWN, KY 42701</p>
---



**JOIN US FOR**  
**WEST KY**  
**4-H**  
**CLOVERBUD**  
**CAMP**



**JUNE 21-23** **IN DAWSON**  
**SPRINGS, KY**

**ADULTS(S) MUST HAVE A BACKGROUND**  
**CHECK WITH COUNTY EXTENSION OFFICE**

**\$160- CLOVERBUDS (5-8 YRS OLD)**  
**\$150- TEEN (16 & UP) & ADULTS**

**Registration due to the Hardin**  
**County Extension office by**  
**Monday, April 15**

## **Events**

**Agriculture, Canoeing, Cooking, Crafts, Fishing, Low**  
**Ropes, Nature, Recreation, and Swimming**

**For more information contact 4-H Agent Jocelyn Kemp:**

**Phone: 270-765-4121**

**E-mail: [jocelyn.kemp@uky.edu](mailto:jocelyn.kemp@uky.edu)**

### **Cooperative Extension Service**

Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

### **MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT**

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating. Lexington, KY 40506

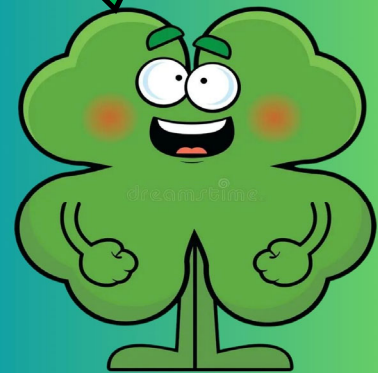


Disabilities  
accommodated  
with prior notification.

# 4-H / FFA Field Day Bulletin



**PLEASE CONTACT THE HARDIN COUNTY EXTENSION OFFICE IF YOU ARE INTERESTED IN COMPETING AT UK AG FIELD DAY. 270-765-4121**



**April 18, 2024**

**Kroger Stadium  
University of Kentucky**

**Cooperative Extension Service**

Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

**MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT**

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating. Lexington, KY 40506



# KENTUCKY FOREST LEADERSHIP PROGRAM

High schooler interested in forestry?

Learn about Kentucky's natural resources while immersed in the environment!

Topics include: Forestry, Entomology, and Wildlife



Fee: \$500 - after acceptance to the program

Scholarships available

For more information visit  
[kflp.ca.uky.edu](http://kflp.ca.uky.edu)

**JUNE 2-7TH**

**TO APPLY**

**UK ROBINSON  
FOREST**

Visit [kflp.ca.uky.edu/forms](http://kflp.ca.uky.edu/forms)

Application Deadline is March 31, 2024







# STATE 4-H LIVESTOCK SKILL-A-THON RESULTS

Hardin County Youth who competed against almost 300 youth from across the State:

- NORA KUBAT
- MARY JURUS
- DANICA STREET
- BRIAN KUBAT
- THERON STREET
- AVA KUBAT
- AVA MOSES
- ELLIE MOSES

**3rd Place Senior Team 'Quality Assurance'**  
 Nora Kubat  
 Danica Street  
 Mary Jurus  
 Brian Kubat

**Awards:**  
**6th Place Individual 'Quality Assurance'**  
 Nora Kubat

**Top 20 Overall Junior Individual'**  
 15th Ava Moses

**'Top 10 Seniors Team Overall'**  
 9th place  
 Nora Kubat  
 Danica Street  
 Mary Jurus  
 Brian Kubat



For ages 9-19

## Save the Date

# Bluegrass 4-H Horse Camp

Thursday, April 25th - Sunday, April 28th, 2024  
at the Central KY Ag/Expo Center in Liberty, KY

### Riding Styles:

- Walking/Racking/Mountain
- Western Pleasure
- Hunter
- Horseless
- Mini
- Speed
- Ranch

**Arrival: Thursday Evening**  
**Classes: Friday & Saturday**  
**Fun Show: Sunday**

Campfire & S'Mores, Costume Contest Stall Decorating, Horseback Riding & Guest Speakers

Registration forms are now available at your Extension Office.  
 Deadline to submit forms is March 25th.



## 2024 Livestock Validation Site Schedule

### Large Animal Locations:

(time zones same as location)

- Bourbon County Fairgrounds: Monday, February 19th, 5:00-7:00 p.m.
- Pendleton County Fairgrounds: Thursday, February 22nd, 5:00-7:00 p.m.
- Kentucky Beef Expo, Saturday, March 2nd, 11:00-12:00p.m.
- Laurel County, Tuesday, March 12th, 5:00-7:00 p.m.
- Green River Beef Show, Saturday, March 16th, 8:00-10:00 a.m.

### Small Animal Locations:

(time zones same as location)

- Boone County Fairgrounds, Saturday, April 27th, 9:00-11:00 a.m.
- Clark County Fairgrounds, Tuesday, April 30th, 5:00-7:00 p.m.
- Bourbon County Fairgrounds, Thursday, May 2nd, 5:00-7:00 p.m.
- Muhlenberg County Fairgrounds, Monday, May 6th, 5:00-7:00 p.m.
- Laurel County Fairgrounds, Thursday, May 9th, 5:00-7:00 p.m.
- Hardin Co. Extension Livestock Pavilion, Saturday, May 11th, 9:00-11:00 a.m.**
- Warren County (Expo Center), Tuesday, May 14th, 5:00-7:00 p.m.
- Spencer County High School, Wednesday, May 15th, 5:00-7:00 p.m.



## HARDIN COUNTY LIVESTOCK VALIDATION SITE ENTRANCE MAP



# 4-H NATURAL RESOURCES AND ENVIRONMENTAL SCIENCES ACADEMY



## What is the NRESci Academy?

The NRESci Academy is a three-year program designed to teach youth about their natural environment. In the program, scholars participate in hands-on investigations to learn about Kentucky's water, forest and wildlife resources.

## When is the NRESci Academy?

The Academy is a three-year commitment, and meets quarterly each year. Scholars attend a three-day residential retreat at Feltner 4-H Camp in September and participate in three 1-day events held in winter, spring, and summer.

## What will we do as part of the NRESci Academy?

Each year of the program, scholars concentrate on a different core area (water, entomology, forestry, wildlife) and interact with experts in each of these disciplines. Scholars participate in a variety of field exercises, including stream sampling, forest measurement data collection, wildlife observation and trapping, insect collection and identification, and much more. Scholars also have the opportunity to visit natural areas through the Commonwealth, such as Lost River Care, Salato Wildlife Education Center, Minor E. Clark Fish Hatchery, Pine Mountain Settlement School, Robinson Forest, University of Kentucky's campus, and more!

## Who Can Apply?

Applicants **MUST BE** in 5th Grade at the time of the application. The program will their 6th Grade year. If selected, you must agree to make a three-year commitment to the program.

## Is there a fee?

The registration fee is \$175/year. The fee includes lodging, meals and educational programming costs.

**ONLY  
25 SPOTS  
AVAILABLE**

**REGISTRATION  
DEADLINE  
APRIL 12, 2024**

## FOR MORE INFORMATION CONTACT:

Sue Ann McCandless  
sue.ann.mccandless@uky.edu  
(270) 765-4121

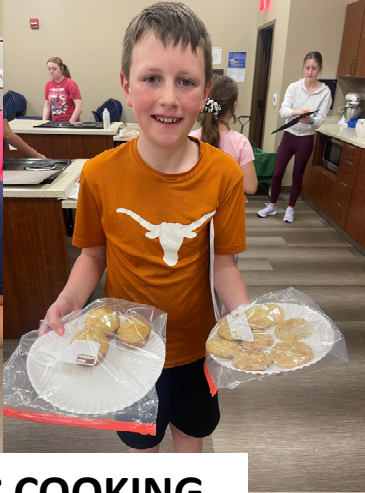


University of Kentucky  
College of Agriculture,  
Food and Environment  
Cooperative Extension Service



4-H Youth Development

# OVER THE WINTER



**BASIC COOKING**



**KENTUCKY**



**VOLUNTEER FORUM**



**BEE CLUB**



**HARDIN CO. 4-H SHOOTING SPORTS**  
**VOLUNTEERS**  
**WANTED**



**SHARE YOUR PASSION**

**CLUB MEETINGS: GENERALLY TWICE A MONTH**

**TRAINING OFFERED FOR: RIFLE, ARCHERY, PISTOL, SHOTGUN,  
MUZZLELOADING, COORDINATOR**

**SPRING TRAINING FOR NEW VOLUNTEERS - APRIL 26-28  
IN DAWSON SPRINGS KY**

**MUST REGISTER BY MARCH 29TH**

**CONTACT HARDIN CO 4-H AGENT, SUE ANN MCCANDLESS FOR MORE INFORMATION**

**270-979-9107 OR [SUE.ANN.MCCANDLESS@UKY.EDU](mailto:SUE.ANN.MCCANDLESS@UKY.EDU)**





HARDIN COUNTY 4-H RUNS ON THE  
**POWER OF**  
**VOLUNTEERS**



4-H Volunteers have **UNIQUE TALENTS** and are very **PASSIONATE** about different things. The common thread is our love for **INSPIRING KIDS!** Please consider using **YOUR TALENTS** to keep our program **THRIVING!**

**NOT SURE HOW TO VOLUNTEER?**

Look what you could do with  
**6 hours or less per year:**

- Be a mentor
- Lead a project
- Teach a skill
- Be a club leader
- Chaperone an event
- Attend 4-H Camp

**FOR MORE INFORMATION CONTACT:**

**SUE ANN MCCANDLESS / JOCELYN KEMP**  
County Extension Agents for  
4-H Youth Development Education  
270-765-4121  
sue.ann.mccandless@uky.edu  
jocelyn.kemp@uky.edu

**BECOME A VOLUNTEER**

**TODAY**

**We need volunteers for the following!**

- Shooting Sports
- Wood Working
- Electric
- 4-H Camp Chaperones
- 4-H Council

A volunteer application packet and a background check must be completed.

# COOKING WITH YOUR KIDS

## Spring Harvest Salad



### INGREDIENTS:

- 5 cups torn spring leaf lettuce
- 2 1/2 cups spinach leaves
- 1 1/2 cups sliced strawberries
- 1 cup fresh blueberries
- 1/2 cup thinly sliced green onions
- \*4 teaspoons lemon juice
- \*2 1/2 tablespoons olive oil
- \*1 tablespoon balsamic vinegar
- \*1 1/2 teaspoons Dijon mustard
- \*2 teaspoons Kentucky honey
- \*1/2 teaspoon salt
- 1/4 cup feta cheese crumbles
- 1/2 cup unsalted sliced almonds



### DIRECTIONS:

1. Combine leaf lettuce and spinach leaves with sliced strawberries, blueberries and green onion in a large salad bowl.
2. \*\*\*Prepare dressing by whisking together the lemon juice, olive oil, balsamic vinegar, Dijon mustard, honey and salt; pour over lettuce mixture and toss to coat.
3. Sprinkle salad with feta cheese and sliced almonds.
4. Serve immediately.

**130 calories; 9g fat; 1.5g sat fat; 240mg sodium; 12g carbohydrates; 3g fiber; 7g sugar; 3g protein.**

**Source: *Plate it up! Kentucky Proud Project.***

- [www.fruitsandveggiesmatter.gov](http://www.fruitsandveggiesmatter.gov).
- ID- 128- Home Vegetable Gardening in Kentucky, Cooperative Extension Service, University of KY, College of Agriculture, 2011.
- For more delicious recipes and information on lettuce or other “Kentucky Proud” fruits and vegetables, contact your local Cooperative Extension Service or visit: [www.kentuckyproud.com](http://www.kentuckyproud.com).



# HEALTH BULLETIN



## MARCH 2024

Download this and past issues of the Adult, Youth, Parent, and Family Caregiver Health Bulletins: <http://fcs-hes.ca.uky.edu/content/health-bulletins>

Hardin County Extension Office  
111 Opportunity Way  
Elizabethtown, KY 42701  
(270) 765-4121

### THIS MONTH'S TOPIC

## PROTECT YOUR BRAIN: WEAR A HELMET!



**H**elmets protect your head, face, and brain from injuries. These are all very important parts of your body! Helmets add an important layer of protection between your head and the ground or other object that could really hurt. Some sports require a helmet, like hockey, football, and baseball. And there are other activities that you should always wear a helmet for, too.

You should always wear a helmet when riding a bicycle. Bike riding is great exercise and can help you get around your neighborhood. You can go faster and farther on a bicycle than you can on your feet. But, because

Continued on the next page →

*Because you can travel fast on a bike, a crash can cause more damage. You should always wear a helmet when riding a bicycle.*

→ Continued from the previous page

you can travel fast on a bike, a crash can cause more damage, too! Wearing a helmet approved for bicycling that fits your head is an important way to protect your head and face if you have an accident. When choosing a bicycle helmet, look for a sticker inside that says "CPSC." This means that it is approved by the Consumer Product Safety Commission. Always wear your helmet chin strap buckled tightly under your chin. Make sure your helmet fits your head; that's not too small and not too big.

You should also wear a helmet when skiing, snowboarding, ice skating, and skateboarding. These activities require lots of balance, and it is normal to fall a lot. When you fall, you want your head protected. Especially with ice skating and skateboarding, falling backward is really common. Falling backward means your head is often the first part of your body to hit the ground. This makes wearing a helmet even more important.



I JUST FIGURED THAT IF YOU WERE WEARING ONE, I SHOULD, TOO.

LOOKS GOOD ON YOU!



Horseback riding is another activity where wearing a helmet is important. There are helmets made especially for equestrian (horse riding) sports. These helmets are shaped a little differently than other sport helmets. They give protection for the type of falls that usually happen in the sport.

If you ride ATVs, you should wear lots of special safety equipment, made especially for that kind of activity. Specific helmets with face shields, goggles, boots, gloves, and chest protectors are all made for reducing the risk of injuries in case of a crash.

Talk to your parents or other grown-ups for help finding the right kind of helmet to fit your head for the kind of activities you enjoy.

**REFERENCE:** <https://www.healthchildren.org/english/safety-prevention/atv-play/pages/bicycling-and-boys-and-girls-when-your-kids-should-wear-helmets.aspx>

**ADULT HEALTH BULLETIN**

Written by: Katherine Jury, MS  
Edited by: Alyse Simms  
Designed by: Rusty Hanson  
Cartoon illustrations by: Chris Ware © University of Kentucky School of Human Environmental Sciences

### Cooperative Extension Service

Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

### MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or receipt of prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English.

University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.



Disabilities accommodated with prior notification.

# HARDIN COUNTY FAIR

**JULY 8-13, 2024**

## STEP 1 DiViSiOn

- Horticulture:
- Crops, Forestry:
- Electric:
- Entomology:
- Geology:
- Arts & Crafts:
- Photography:
- Sewing:
- Needlework:
- Foods:
- Home Envmt:
- Con/ Fin ED:
- leadership/ comm:
- Trends/Tradition:

Think about what project divisions you'd like to enter.

## It's a FAIR Plan!



**Martin-Gatton**  
College of Agriculture,  
Food and Environment

### STEP 2

List class numbers and descriptions for specific projects you plan to enter

Class:	Description:
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

### STEP 3

**Double check those requirements**

Does your project need to be a certain size, demonstrate a specific skill, require any additional documentaion or statements.

ie..Folder, pictures, artist statement, able to hang

### STEP 4

Be on the lookout for online registration!

Entry Days:  
at Hardin County Fairgrounds

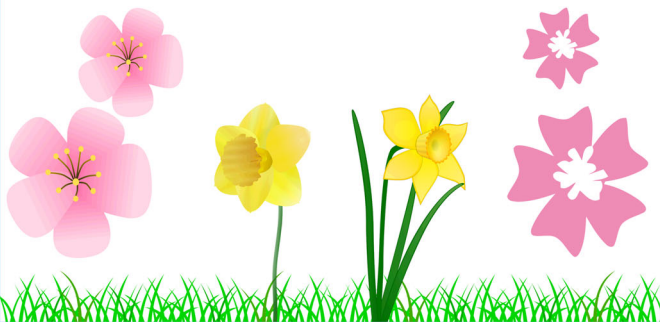
Non-perishable items  
Sunday, July 7th  
from 1-3pm

Horticulture, Crops,  
Foods  
Monday, July 8  
from 9-11am

## Easter Word Search

M	E	Z	F	A	H	E	C	C	C
G	A	H	L	B	A	S	K	E	T
W	U	I	O	C	A	E	G	G	S
P	F	D	W	C	H	P	R	P	M
W	X	E	E	U	B	I	E	P	O
T	C	V	R	K	G	U	C	E	H
D	Y	E	S	O	W	X	N	K	P
H	C	A	R	R	O	T	S	N	S
O	U	I	R	A	B	B	I	T	Y
P	I	I	W	F	I	N	D	E	B

Word list:  
BASKET  
BUNNY  
CARROTS  
CHICKS  
DYE  
EGGS  
FIND  
FLOWERS  
HIDE  
HOP  
PEEP  
RABBIT



Be the ripple that starts the wave,

# be kind

Kentucky 4-H is celebrating Kindness, and we want 4-H'ers to recognize other 4-H'ers! If you are a 4-H'er, you can nominate a 4-H'er who is in their junior year of high school, to win the Matthew G. Bevin Kindness Award. Only one nomination per person, and the 4-H'er with the most nominations will be presented a scholarship at Kentucky 4-H Teen Conference.

Scan this QR Code to nominate a 4-H'er who is spreading Kindness!







# March 2024 Upcoming Events

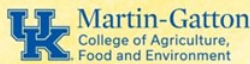
- 4** **4-H BEGINNER & ADVANCED SEWING**  
March 4, 11, 18, 25 - 4:00 - 6:00 p.m. - Extension Office  
Must have pre-registered.
- 5** **4-H BEE CLUB**  
Hardin County Extension Office - 5:00 P.M.  
Contact Sue Ann McCandless - sue.ann.mccandless@uky.edu
- 7/21** **FEATHERS AND FLUFF**  
4-H RABBIT/POULTRY CLUB-6:30 p.m.-Extension Office  
Contact: Kate Richards creativechaosinky@gmail.com
- 11** **PAWS DOG CLUB**  
4-H DOG CLUB MEETING - 6:00 P.M. - Extension Office  
Contact Rebecca Otjen - Otjen4@icoud.com or Mary Tiepen - troymary7867@att.net
- 11** **TRAILBLAZERS HORSE CLUB**  
4-H HORSE CLUB MEETING - 6:30 P.M.- Extension Office  
Contact Christy Douglass -standingoakranch@gmail.com
- 12** **4-H CLOVERBUDS CLUB**  
Cloverbuds Club Meeting - 5:30 p.m. - Extension Office  
Must have pre-registered.
- 12** **LIVESTOCK CLUB**  
4-H LIVESTOCK CLUB MEETING - 6:30 P.M.  
Contact Davie Street - dstreet2611@gmail.com or Shaune Williams - shaune.williams@hardin.kyschools.us
- 14** **TARGET MASTERS SHOOTING SPORTS**  
& 14TH 4-H SHOOTING SPORTS CLUB MEETING - 6:00 P.M.  
Contact Leann Davidson - leanndavidson22@gmail.com
- 20** **4-H HOMESCHOOL CLUB**  
10:00 A.M. - 12:00 p.m.- Extension Office  
Contact: Allie McKeever allison.mckeever@outlook.com
- 23** **4-H CLOVERBUDS CLUB**  
Cloverbuds Club Meeting - 10:00 A.M. - Extension Office  
Must have pre-registered.



ACCESS THE LATEST NEWSLETTER



Hardin County 4-H facebook



**HARDIN COUNTY COOPERATIVE EXTENSION OFFICE**  
111 OPPORTUNITY WAY  
ELIZABETHTOWN, KY 42701  
PHONE: 270 - 765-4121

**SUE ANN MCCANDLESS**  
County Extension Agent for 4-H/Youth Development  
**JOCELYN KEMP**  
County Extension Agent for 4-H/Youth Development  
**STEPHANIE MEREDITH**  
4-H Program Assistant

Cooperative Extension Service  
Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT  
1000 East University of Kentucky  
Lexington, KY 40506



# April 2024 Upcoming Events

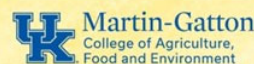
- 1** **4-H BEGINNER & ADVANCED SEWING**  
April 1, 8, 15, 22, 29 - 4:00 - 6:00 p.m. - Extension Office  
Must have pre-registered.
- 2** **4-H BEE CLUB**  
Hardin County Extension Office - 5:00 P.M.  
Contact Sue Ann McCandless - sue.ann.mccandless@uky.edu
- 4/18** **FEATHERS AND FLUFF**  
4-H RABBIT/POULTRY CLUB-6:30 p.m.-Extension Office  
Contact: Kate Richards creativechaosinky@gmail.com
- 8** **PAWS DOG CLUB**  
4-H DOG CLUB MEETING - 6:00 P.M. - Extension Office  
Contact Rebecca Otjen - Otjen4@icoud.com or Mary Tiepen - troymary7867@att.net
- 8** **TRAILBLAZERS HORSE CLUB**  
4-H HORSE CLUB MEETING - 6:30 P.M.- Extension Office  
Contact Christy Douglass -standingoakranch@gmail.com
- 9** **4-H CLOVERBUDS CLUB**  
Cloverbuds Club Meeting - 5:30 p.m. - Extension Office  
Must have pre-registered.
- 9** **LIVESTOCK CLUB**  
4-H LIVESTOCK CLUB MEETING - 6:30 P.M.  
Contact Davie Street - dstreet2611@gmail.com or Shaune Williams - shaune.williams@hardin.kyschools.us
- 11** **TARGET MASTERS SHOOTING SPORTS**  
& 14TH 4-H SHOOTING SPORTS CLUB MEETING - 6:00 P.M.  
Contact Leann Davidson - leanndavidson22@gmail.com
- 17** **4-H HOMESCHOOL CLUB**  
10:00 A.M. - 12:00 p.m.- Extension Office  
Contact: Allie McKeever allison.mckeever@outlook.com
- 20** **4-H CLOVERBUDS CLUB**  
Cloverbuds Club Meeting - 10:00 A.M. - Extension Office  
Must have pre-registered.



ACCESS THE LATEST NEWSLETTER



Hardin County 4-H facebook



**HARDIN COUNTY COOPERATIVE EXTENSION OFFICE**  
111 OPPORTUNITY WAY  
ELIZABETHTOWN, KY 42701  
PHONE: 270 - 765-4121

**SUE ANN MCCANDLESS**  
County Extension Agent for 4-H/Youth Development  
**JOCELYN KEMP**  
County Extension Agent for 4-H/Youth Development  
**STEPHANIE MEREDITH**  
4-H Program Assistant

Cooperative Extension Service  
Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT  
1000 East University of Kentucky  
Lexington, KY 40506

